

Lunch Menu (Date 23-29 March 2025)

| | 23-Sunday | 24-Monday | 25-Tuesday | 26-Wednesday | 27-Thursday | 28-Friday | 29-Saturday |
|--------------|--------------------------------|--|----------------------------------|--|----------------------------------|--|--|
| Special Food | Red pork noodles | Beef/Chicken Burger | Fried chicken with sticky rice | Ham and Cheese Pizza and Margherita Pizza | Chicken Khao Soi and Side Dishes | Beef/Chicken Tacos | Stewed Chicken Noodles |
| Asian GF | Fried Carrot Corn | Stir-fried Orange Mushrooms | mixed vegetable stir-fried | Broccoli Carrot | Stir-fried papaya with egg | Stir-fried morning glory with soybean | Stir Fried Mushrooms |
| Asian Food | Fried Chicken Rolls | Fried fish with chili sauce | Pork Panang Curry | Clear soup with minced chicken and glass noodles | Sausage stir-fried in red sauce | Stir-fried fish with fermented soybeans | Fried Chicken Rolls |
| Western GF | Steamed Chicken with Soy Sauce | Stewed duck | Creamy Seafood Tom Yum | Fried fish with curry paste | Beef and Eggplant Curry | Stir-fried shrimp and green beans with curry paste | Stir-fried Chicken with Chili Paste |
| Western GF | Grilled chicken Butter Sauce | Stir-fried beef with paprika and tri-colored chili peppers | Grilled Chicken with Paprika | Beef stewed | Teriyaki Pork | Grilled Fish with BBQ Sauce | Stir-fried beef with paprika and tri-colored chili peppers |
| Pasta | Macaroni | Fettucine | Farfalle | Gnoccchi | Linguine | Spaghetti | Farfalle |
| Sauce | Pasta Sauce | Tomato Sauce | Chicken Ham Mushroom Cream Sauce | Cabonara | Beef bolognese | Tomato Sauce | Tomato Sauce |
| Potato | Sauteed potato with garlic | French Fried | Sauteed potato with Rosemary | Honey potato | Sauteed potato with Herbs | Wedge Potatoes | Fried potatoes with fried shallots |
| Vegan/HOT | Boiled vegetables | Boiled vegetables | Pumpkin soup | Grilled Vegetables | Baked Beans in Tomato Sauce | Boiled vegetables | Boiled vegetables |
| Vegan/THAI | Stir Fried Tofu with Chili | Stir-fried vegetarian yellow noodles | Stir Fried Basil with Protein | Tofu Mushroom Tom Yum | Mixed Vegetable Curry and Tofu | Tofu Mushroom Tom Yum | Stir Fried Tofu with Chili |
| Rice | Steamed rice | Steamed rice | Steamed rice | Fried rice with egg | Steamed rice | Fried rice with egg | Steamed rice |
| Rice | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry |

Salad Bar with Dressing /Fresh Fruits in Season
Dinner Menu (Date 23-29 March 2025)

| | 23-Sunday | 24-Monday | 25-Tuesday | 26-Wednesday | 27-Thursday | 28-Friday | 29-Saturday |
|------------|--|--|--|--|---|-------------------------|---|
| Special | American fried rice | A la carte food Made to order shrimp, squid, chicken | German Pork Knuckle/Onion Gravy Sauce | Fried eggs and side dishes: Chinese sausage, minced chicken, sausage, pork roll, crab sticks | Ham Sandwich | Chicken Biryani | Fried pork with garlic/Fried chicken with garlic/Fried egg/Fried rice with egg/Soup |
| Asian GF | Chinese kale with Shitake Mushroom | Stir Fried garden beans with oyster sauce | Stir-fried corn shoots with carrots | mixed vegetable stir-fried | Stir-fried Yam Bean with eggs | Fried Carrot Corn | Chinese kale with Shitake Mushroom |
| Asian Food | Grilled pork with nam jaew sauce | Glass noodle seafood salad | Fried Chicken Dumplings | Spicy Seafood Salad | Stewed Pork with Morning Glory | Fried Egg Salad | Stir-fried Beef with Oyster Sauce |
| Asian Food | Steamed eggs with crab sticks/minced chicken | Stir-fried Beef with Oyster Sauce | Fried chicken with red sauce | Grilled Beef with Spicy Dipping Sauce | spicy prawn soup | Fried Chicken Dumplings | Minced Chicken and Seaweed Soup |
| Vegetarian | Tofu Miso Soup | Baked Garlic Cheese Bread | Boiled Vegetables Stir-fried with Butter | Baked Penne & broccoli with cheese | Seaweed Wakame clear soup | Tomato Cheese | พิซซ่าชีส/Cheese Pizza |
| Chicken GF | Grilled chicken breast | Grilled chicken breast | Grilled chicken breast | Grilled chicken breast | Grilled chicken breast | Grilled chicken breast | Grilled chicken breast |
| Pasta | Pasta Tomato Sauce | Fettucine with Garlic and chili with Bacon | Pasta Tomato Sauce | Tuna Pasta with Garlic and Pepper | Pasta stir-fried with chili, garlic and chicken sausage | Pasta Tomato Sauce | Pasta with chili, garlic and bacon |
| Potato | Wedge Potatoes | Mashed potato | Sweet potato | Fried potatoes, bell peppers | Sauteed potato with garlic | Spicy Wedges | Fried potato with Onion |
| Vegan/Thai | Vegetarian tofu stew | Salad roll | Vegetable curry | Stir fried tofu with pepper & bell pepper | Stir fried rice noodles | Stir fried rice noodles | Vegetable green curry |
| Rice | Steamed rice | Steamed rice | Steamed rice | Fried rice with egg | Steamed rice | Steamed rice | Steamed rice |
| Rice | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry | Riceberry |

Salad Bar with Dressing /Fresh Fruits in Season

รายการอาหารที่มีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

Chicken - Red

Beef, Lamb - Brown

Duck - Orange

Pork - Pink

Seafood - Blue

Vegetable- Green

GF = Gluten Free meal

*** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค***