

Lunch Menu (Date 16-22 February 2025)

	16-Sunday	17-Monday	18-Tuesday	19-Wednesday	20-Thursday	21-Friday	22-Saturday
Special food	Fried Shrimp Cake	pork/chicken hotdog/side dish	steamed rice topped with chicken	Fish and chips	Yellow noodles with red pork	PorkTonkatsu	Beef Lasagna
Asian GF	Eringii Mushroom	Stir Fried Cabbage	Stir Fried Kale	mixed vegetable stir-fried	Fried vegetable	Fried white cabbage	Stir Fried Mushrooms
Asian Food	Stir-fried minced chicken with basil	Sea bass panang curry	Spicy minced chicken instant noodles salad	Chicken Massaman Curry	Green Pumpkin Chicken Curry	Green Curry with Chicken	Thai Omelette
Western GF	Stewed Pork with Morning Glory	Chicken Tom Kha	Beef Korma	Boiled pickled cabbage with pork	Sausage stir-fried in red sauce	fish maw soup	Stir-fried Pork with Chili Paste
Pasta	Grilled Chicken with Mustard	Chicken Tikka	Grilled Pork with BBQ Sauce	Steak with Gravy Sauce	Grilled Fish with BBQ Sauce	Beef stewed	Grilled Fish with Lemon Butter Sauce
Sauce	Gnoccghi	Spaghetti	Farfalle	Fettucine	Spaghetti	Linguine	Farfalle
Potato	Tomato Sauce	Chicken Ham Mushroom Cream Sauce	Pasto Sauce	Beef bolognese	Cabonara	Tomato Sauce	Chicken bolognese
Vegan/HOT	Roasted Sweed potato	french fries	Potato fried with butter	Sweet potato	Fried potatoes with fried shallots	Wedged Potatoes	Fried potatoes with fried shallots
Vegan/THAI	Boiled vegetables	Boiled vegetables	Vegetable Lasagna	Grilled Vegetables	Mushroom soup	Boiled vegetables	Boiled vegetables
Rice	แกงพริกขี้หนู	Stir-fried Jade Noodles with Garlic	Stir fried tofu with garlic	Stir Fried Eggplant with Basil Tofu	Stir-fried vegetarian yellow noodles	Chana Masala	Pav Bhaji
Rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice
Rice	Riceberry	Riceberry	Riceberry	Riceberry	ไรซ์เบอร์รี่ Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season

Dinner (Date 16-22 February 2025)

	16-Sunday	17-Monday	18-Tuesday	19-Wednesday	20-Thursday	21-Friday	22-Saturday
Special	Fried Breaded Chicken	Khanom Jeen, Crab Curry, Green Curry with Chicken/Boiled Egg/Vegetables	Pork Chop Steak	A la carte food Made to order shrimp, squid, chicken	Margarita Pizza/hot	Sushi 3 Kinds with Condiments	Chicken Biryani
Asian GF	Stir Fried Culliflwer & carrot	Four Kind of Vegetables in Chinese Gravy Sauce	Stir fried morning glory with soybean	Stir Fried garden beans with oyster sauce	Fried Carrot Corn	Stir-fried broccoli	Stir fried morning glory with soybean
Asian Food	spicy prawn soup	Fish cakes	Chinese herbal stewed chicken	Spicy Canned fish salad	Fried Whole Chicken Wings	Fried Chicken Dumplings	Fried Egg Salad
Vegetarian	Japanese Chicken Curry	Stir-fried Beef with Oyster Sauce	Fried vegetable spring rolls	Fried Chickenball	Fried sea bass with chili sauce	Stir-fried Jade Noodles with Garlic	Spicy white sea bass soup
Chicken GF	Zucchini fried butte	Onion ring	Tomato Cheese	ผักกะหล่ำบด Grilled cauliflower Parmigiana	Spinach and Cheese Bake	Baked Corn Cheese Mashed Potatoes	White beans in tomato sauce
Pasta	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Potato	Seafood sauce	Beef bolognese	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacan	Pasta Tomato Sauce	Tuna Pasta with Garlic and Pepper	Pasta Tomato Sauce
Vegan/Thai	French Fried	Sweet Potatoes	Wedged potato	Fried potato with Onion	French Fried	Sauteed potato with garlic	Fried potatoes, bell peppers
Rice	Yellow Fruit Curry	Stir fried tofu with pepper & bell pepper	Deep fried corn cake	Vegetable green curry	Salad roll	Stir fried tofu with garlic	Stir fried tofu with garlic
Rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season

รายการอาหารอาจมีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

Chicken - Red	Beef, Lamb - Brown	Duck - Orange	Pork - Pink	Seafood - Blue	Vegetable- Green	GF = Gluten Free meal
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*** Calories (Kcal) / 1 serving size คำสั่งงาน (Kcal) ต่อ 1 หน่วยบริโภค***