

Lunch Menu (Date 09-15 February 2025)

	09-Sunday	10-Monday	11-Tuesday	12-Wednesday	13-Thursday	14-Friday	15-Saturday
Special Food	Beef/Chicken Burger	Tandoori Grilled Chicken Saffron Fried Rice	Fried chicken with sticky rice	Mexican Spring Rolls with Chicken Ham	Udon noodles	Grilled salmon with teriyaki sauce/garlic fried rice/side dishes	Thai spicy salad with dried shrimp/grilled chicken/sticky rice
Asian GF	Fried Cucumber with Egg	Broccoli Carrot	Stir fried morning glory with soybean	Stir-fried Orange Mushrooms	Stir-fried papaya with egg	mixed vegetable stir-fried	Fried Carrot Corn
Asian Food	Sweet and Sour Stir-fried Tofu with Fish Eggs	Fried fish with tamarind sauce	Stir-fried Asparagus with Shrimp	Fried chicken with red sauce	Beef and Eggplant Curry	Minced Chicken and Seaweed Soup	Pork Spareribs Spicy and Sour Soup with Tamarind Leaves
Asian Food	Fried Eggs with Son-in-Law Sauce	Braised pork leg	Roasted Duck Curry	Pork Panang Curry	Stir-fried fish with ginger	Green Chicken Curry	Minced Chicken Salad
Western GF	Beef with pepper sauce	Beef stewed	Grilled Fish with BBQ Sauce	Stir-fried beef with paprika and tri-colored chili peppers	Grilled Pork with Mild Pepper Sauce	Chicken Stew	Grilled Chicken Legs
Pasta	Farfalle	Gnoccghi	Spaghetti	Linguine	Penne	Macaroni	Fettucine
Sauce	Tomato Sauce	Beef bolognese	Cabonara	Tomato Seafood	Chicken Ham Mushroom Cream Sauce	Pasto Sauce	Beef bolognese
Potato	French fries/french fries	Baked Potatoes	มันหวาน/Sweet potato	Honey potato	Fried potatoes with fried shallots	Mashed potatoes	Potato with Onion
Vegan/HOT	Boiled vegetables	Boiled vegetables	Baked Beans in Tomato Sauce	Boiled vegetables	Tomato soup	Boiled vegetables	Boiled vegetables
Vegan/THAI	Stir Fried Tofu with Chili	Stir-fried vegetarian yellow noodles	Massaman Curry with Tofu	Tofu Mushroom Tom Yum	Chana Masala	Vegetarian stir-fried noodles	Tofu Panang Curry
Rice	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice	Steamed rice	Fried rice with egg	Steamed rice
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season
Dinner Menu (Date 09- 15 February 2025)

	09-Sunday	10-Monday	11-Tuesday	12-Wednesday	13-Thursday	14-Friday	15-Saturday
Special	Fried rice with egg/fried egg/fried pork with garlic/chicken	Pad Thai with shrimp/chicken/egg	Beef/Chicken Nachos	Nasi Goreng Fried Rice/Chicken/Pork Satay/Shrimp Crackers/Soup	German Pork Knuckle/Onion Gravy Sauce	Stir-fried noodles with marinated pork/chicken	Margarita Pizza/hot
Asian GF	Four Kind of Vegetables in Chinese Gravy Sauce	Stir Fried Cauliflower	Stir Fried garden beans with oyster sauce	Stir fried morning glory with soybean	Stir-fried papaya with egg	Stir Fried Kale	Stir-fried Asparagus
Asian Food	Stir-fried fish with celery	Clear soup with glass noodles, minced pork and tofu	Sweet Pork	Stir-fried fish with celery	Steamed sea bass in soy sauce	Grilled Chicken with Nam Jim Jaew Sauce	Chicken nuggets
Vegetarian	Shrimp Pad See Ew Noodles	Bacon Wrapped Sausages	Stir-fried shrimp with curry paste and basil leaves	Stir-fried instant noodles with minced chicken	Stir-fried noodles with seafood	Spicy Seafood Salad	Baked Pork with Vegetables
Vegetarian	Onion ring	Mushroom Soup	Spinach Mashed Potatoes with Cheese	Tomato Cheese	Seaweed Wakame clear soup	Grilled cauliflower Parmigiana	Boiled Vegetables Stir-fried with Butter
Chicken GF	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	ผัดขี้เหล็ก/Beef bolognese	Fettucine with Garlic and chili with Chicken Sausage /ผัดขี้เหล็กกระเทียม โฉนดไก่	Pasta Tomato Sauce	พาสต้าทูน่าผัดกระเทียมพริกไทย /Tuna Pasta with Garlic and Pepper	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacon/ผัดขี้เหล็กกระเทียม โฉนดหมู	Pasta Tomato Sauce
Potato	Sauteed potato with Rosemary	Wedged Potatoes	French Fried	Spicy Wedges	Mashed potato	Fried potatoes, bell peppers	French Fried
Vegan/Thai	Tofu Panang Curry	Indian curry with white tofu	Salad roll	Stir fried rice noodles	Deep fried corn cake	Stir fried rice noodles	Vegetable curry
Rice	Steamed Ric	Steamed Ric	Steamed Ric	Steamed Ric	Steamed Ric	Steamed Ric	Steamed Ric
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season

รายการอาหารอาจมีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

Chicken - Red

Beef, Lamb - Brown

Duck - Orange

Pork - Pink

Seafood - Blue

Vegetable- Green

GF = Gluten Free meal

*** Calories (Kcal) / 1 serving size ค่าพลังงาน (Kcal) ต่อ 1 หน่วยบริโภค***