

Lunch Menu (Date 02-08 February 2025)

	02-Sunday	03-Monday	04-Tuesday	05-Wednesday	06-Thursday	07-Friday	08-Saturday
Special food	Beef Lasagna	American fried rice	Chicken Khao Soi and Side Dishes	ChickenTonkatsu	Pork leg rice with soup	Hot dog (chicken / pork)	Tom Yum seafood noodles with fried fish
Asian GF	Stir-fried Asparagus	Stir Fried Cabbage	Stir Fried Kale	mixed vegetable stir-fried	Stir Fried Mushrooms	Fried white cabbage	Stir Fried vegetable
Asian Food	Chicken nuggets	Chicken Panang Curry	Sweet Pork	Stir-fried shrimp and green beans with curry paste	Spicy minced chicken instant noodles salad	Chicken Massaman Curry	Fried Chicken Rolls
Asian GF	Baked Chicken with Vegetables	Duck stewed with lotus seeds	White sea bass curry with basil leaves	Pork Bone Soup	Beef Korma	Steamed sea bass with soy sauce	Stir-fried Chicken with Chili Paste
Western GF	Mussels in Tomato Sauce	Beef stewed	Grilled Paprika Chicken	Grilled Fish with BBQ Sauce	Chicken Tikka	Stir-fried beef with paprika and tri-colored chili peppers	Roasted Pork with Light Pepper Sauce
Pasta	Penne	Spaghetti	Farfalle	Fettucine	Spaghetti	Linguine	Farfalle
Sauce	Beef bolognese	Tomato Sauce	Cabonara	Pasto Sauce	Tomato Sauce	Cabonara	Beef bolognese
Potato	Sauteed potato with garlic	Mashed potatoes	Potato fried with butter	Wedged Potatoes	มันหวาน/Sweet potato	เฟรนช์ฟราย/french fries	Fried potatoes with fried shallots
Vegan/HOT	Boiled vegetables	Boiled vegetables	Spinach Lasagna	Boiled vegetables	Pumpkin soup	Boiled vegetables	Boiled vegetables
Vegan/THAI	Vegetable curry	Stir Fried Basil with Protein	Chana Masala	Stir fried rice noodles	Mixed Vegetable Curry and Tofu	Pav Bhaji	Tofu Fruit Curry
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Fried rice with egg	Steamed rice	Vegetable fried rice	Steamed rice
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season

Dinner Menu (Date 02 - 08 February 2025)

	02-Sunday	03-Monday	04-Tuesday	05-Wednesday	06-Thursday	07-Friday	08-Saturday
Special	Fried Shrimp Cake	Sushi 3 Kinds with Condiments	Beef/Chicken Tacos	A la carte food Made to order shrimp, squid, chicken	Pork/chicken hotdog/side dish	Khanom Jeen, Crab Curry, Green Curry with Chicken/Boiled Egg/Vegetables	American fried rice
Asian GF	Eringii Mushroom	Four Kind of Vegetables in Chinese Gravy Sauce	Stir fried morning glory with soybean	Chinese kale with Shitake Mushroom	Stir-fried broccoli with carrots	Fried Carrot Corn	Stir Fried garden beans with oyster sauce
Asian Food	Beef and Eggplant Curry	Fried Chicken Dumplings	Stir-fried Chicken with Cashew Nuts	Stir-fried Beef with Oyster Sauce	Fried Chickenball	Fried Whole Chicken Wings	Spicy Canned fish salad
Asian GF	Glass noodle seafood salad	Stir-fried Jade Noodles with Garlic	Steamed squid with lemon	Clear soup with tofu and fish eggs	spicy prawn soup	Fried vegetable spring rolls	Thai Omelet
Vegetarian	Spinach and Cheese Bake	Tomato Cheese	Grilled cauliflower Parmigiana	Cheese Pizza	Baked Penne & broccoli with cheese	Baked Corn Cheese Mashed Potatoes	Tofu Miso Soup
Chicken GF	Grilled chicken breast	Grilled chicken breast		Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Seafood sauce	พาสต้าทูน่าผัดกระเทียมพริกไทย /Tuna Pasta with Garlic and Pepper	Pasta Tomato Sauce	Fettucine with Garlic and chili with Bacon/พาสต้าผัดพริกกระเทียม ไตเนคอน	Pasta Tomato Sauce	พาสต้าผัดซอสเนื้อ/Pasta with Meat Sauce	Pasta Tomato Sauce
Potato	Fried potato with Onion	French Fried	Sweet Potatoes	Fried potato with Onion	French Fried	Sauteed potato with garlic	Wedged potato
Vegan/Thai	Yellow Fruit Curry	Stir fried tofu with pepper & bell pepper	Deep fried corn cake	Vegetable green curry	Salad roll	Vegetable curry	Stir fried tofu with garlic
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Rice	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry	Riceberry

Salad Bar with Dressing /Fresh Fruits in Season

รายการอาหารอาจมีการเปลี่ยนแปลงได้ตามความเหมาะสม/Menu changes may be appropriate because order material into available

Chicken - Red	Beef, Lamb - Brown	Duck - Orange	Pork - Pink	Seafood - Blue	Vegetable- Green	GF = Gluten Free meal
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*** Calories (Kcal) / 1 serving size คำสั่งงาน (Kcal) ต่อ 1 หน่วยบริโภค***